



# Valley Promotions

## Charity Chatter

Your non-profit news source

Volume 6 Issue 19

June 6, 2014

**FREE**

### Fund-Raising & Non-Profit Events

Welcome to *Charity Chatter*, a guide to upcoming fund-raising and special events for local non-profit organizations.

#### Friday, June 6

The Planned Giving Council of NH & VT (PGC) presents Katherine Defoyd & Claudia Zeldin, of Growth for Good, as the Keynote Speakers for this year's Annual Meeting & Development Workshop. This one-day, two-part workshop will review key strategies around board engagement and making the "ask". The Planned Giving Council of NH & VT's annual meeting and development workshop is open to all nonprofits, professional advisors and community volunteers who are interested. 8:30 am registration, 9:00 am to 4:30 pm Annual Meeting & Board Development Workshop, will be held at the Woodstock Inn & Resort Golf Club, in Woodstock, VT. Email [pgc@sover.net](mailto:pgc@sover.net) for additional information and to register.

Board the **Gibson Center** bus at 12:30 pm for the Oxford Casino. Return about 5:30 pm, giving you two hours in the casino. Please call the Gibson Center, 356-3231, to reserve a seat for this trip.

**Habitat for Humanity of Mount Washington Valley** hosts it's first Indoor Yard Sale of the 2014 season at

Bear Peak Base Lodge at Attitash, from 3:00 pm to 7:00 pm. Furniture, appliances, building materials and much more are available, with proceeds benefiting the local Habitat organization. View selected sale items on [www.mwv-habitat.org](http://www.mwv-habitat.org).

**M&D Productions** presents "Two Rooms," a drama by Lee Blessing. An American educator, Michael, is taken hostage in Beirut in the 1980s. His wife, Lainie, is left in their home with only a by-the-book state department official and an opportunistic reporter to keep her company. Show dates are Thursday through Saturday, through June 14th. All performances will take place at Your Theatre, in North Conway, at 7:30pm. For ticket information and reservations, call 733-5275. Photos may be viewed at [www.valleypromotions.net](http://www.valleypromotions.net).

#### Saturday, June 7

Tin Mountain Conservation Center serves their Volunteer Appreciation Breakfast from 8:00 am to 9:30 am, at the Nature Learning Center. In appreciation of all of the great things they do, Tin Mountain would like to thank their volunteers by treating them to breakfast. All you need to bring is your appetite! Call 447-6991 for reservations.

**Habitat for Humanity of Mount Washington Valley** hosts an Indoor Yard Sale at Bear Peak Base Lodge at Attitash, from 8:30 am to 3:00 pm. Furniture, appliances, building materials and much more are available, with proceeds benefiting the local Habitat organization. View selected sale items at: [www.mwv-habitat.org](http://www.mwv-habitat.org).

**Mountain Garden Club's** Annual Spring Plant Sale; is today! Loved by plant enthusiasts of all ages, this sale offers garden club members' cultivated plants divided from gardens, annuals started from seeds, matured with care, and designed in baskets. Held at the North Conway Community Center, the doors open at 9:30 am, and most plants are sold very rapidly – be sure to arrive early! Visit [www.mountaingardenclub.org](http://www.mountaingardenclub.org) to learn more.

Join ten premier White Mountains inns for the Mt. Washington Valley Herb, Food and Beer Tour: A Celebration of Local Flavors from 11:00 am to 4:00 pm, as each inn presents an in-depth look at a popular culinary herb paired with tastings of local flavors along the way. Tour-goers will take home herb trivia, historical facts, and recipes while tasting a different herb-inspired dish at each inn. In addition, cooking demonstrations have been added at certain inns

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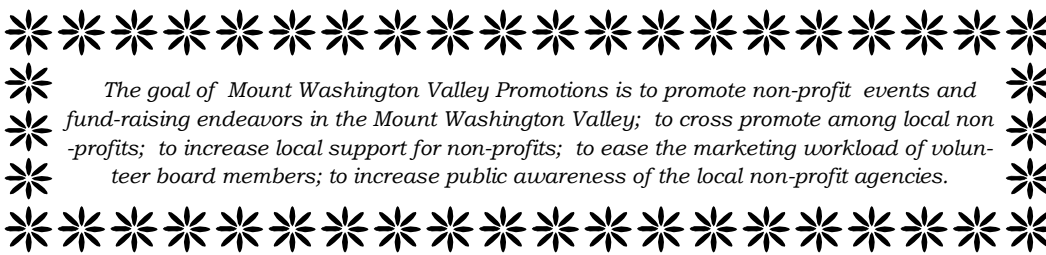
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A portion of this issue of *Charity Chatter* is underwritten by:



1857 White Mountain Highway  
North Conway, NH



The goal of Mount Washington Valley Promotions is to promote non-profit events and fund-raising endeavors in the Mount Washington Valley; to cross promote among local non-profits; to increase local support for non-profits; to ease the marketing workload of volunteer board members; to increase public awareness of the local non-profit agencies.

**Memberships Available**  
From \$25 to \$75 per year

Become a Friend!  
Valleypromos Lisa DuFault



[www.valleypromotions.net](http://www.valleypromotions.net)

## Events (cont.)

too. Participants will go home with a folder of new recipes from dishes they tasted plus interesting herbal lore. Plus, the proceeds benefit scholarships for local students! For more information call (207) 935-1269.

Boots n' Bling fund-raising dinner and charity auction for **Starting Point, Services for Victims of Domestic Violence & Sexual Assault** will be held at the Attitash Grand Summit Ballroom in Bartlett, from 6:00 pm to 11:00 pm. The evening will be festive and fun and will help raise funds for Starting Point. Appetizers, gourmet dinner complete with table wine, dancing to a live band and a fabulous auction are included in the ticket price. Dust off your boots and don your best bling and blue jeans for the 4th annual Boots 'n Bling charity event! Purchase tickets online at <https://startingpointnh.ejoinme.org/MyEvents/BootsNBling2014/>.

**M&D Productions** presents "Two Rooms," a drama by Lee Blessing. An American educator is taken hostage in Beirut in the 1980s. His wife, is left in their home with only a by-the-book state department official and an opportunistic reporter to keep her company. All performances take place at Your Theatre, in North Conway, at 7:30pm. For ticket information and reservations, call 733-5275. Photos may be viewed at [www.valleypromotions.net](http://www.valleypromotions.net).

AMC Highland Center presents "AMC White Mountain Huts" with Guest Speakers Mike and Lori Innes at 7:30 pm. The AMC White Mountain Hut presentation is about the history, environmental aspect, daily life at the huts, and what it is like to hike to the huts. For more details, call 278-3827.

At 8:00 pm, the AMC Pinkham Notch Visitor Center will host a showing of "The Peoples Forest: The Story of the White Mountain National Forest", with writer, and director David Huntley. The People's Forest is about one of the greatest environmental comeback stories in American history. The 48 minute documentary examines a dramatic period in the life of New Hampshire's great woods from 1860 to 1910 and shows how the human forces that conspired to nearly destroy the land came together again to save it. The program is free & open to the public. For full details, call 466-2727.

### Sunday, June 8

Join ten premier White Mountains inns for the Mt. Washington Valley Herb, Food and Beer Tour: A Celebration of Local Flavors

from 11:00 am to 4:00 pm, as each inn presents an in-depth look at a popular culinary herb paired with tastings of local flavors along the way. Tour-goers will take home herb trivia, historical facts, and recipes while tasting a different herb-inspired dish at each inn. In addition, cooking demonstrations have been added at certain inns too. Participants will go home with a folder of new recipes from dishes they tasted plus interesting herbal lore. Plus, the proceeds benefit scholarships for local students! For more information call (207) 935-1269.

Located at the base of the Mount Washington Auto Road, Great Glen Trails is host to many species of wildflowers from Bunchberries to Lady Slippers. Join Tin Mountain Education Director, Lori Jean Kinsey, from 1:00 pm to 3:30 pm, as we hike the trails of Great Glen in search of wildflowers. For details and reservations, call 447-6991.

Cabin Fever Restaurant in Bartlett Village is hosting a fund-raiser to benefit Jens Friends Cancer Foundation from 4:00 pm to 8:00 pm. 20% of the food bill will be donated to help assist local cancer patients and their families in providing basic necessities, such as food, gas rent, and utilities. This is also good for take-out meals. Please join them for a terrific meal and help our neighbors and loved ones who are battling Cancer. For information call Ruthann Fabrizio, 374-2434.

The 21st year of the Taste of the Bearcamp Valley Food Festival, a fundraising event for the Bearcamp Valley School and Children's Center, will be held from 4:30 pm to 7:30 pm at Hobbs Tavern & Brewing Company, in West Ossipee. Be our guest and, for one price, enjoy a buffet of delicious appetizers, soups, breads, entrees and desserts from the region's best restaurants, and cafes, as well as offerings from local community organizations. There will be a cash bar and the event is open to the public.

### Monday, June 9

Remick Country Doctor Museum & Farm hosts a Free Preschool Story Hour, at 10:00 am. Call 323-7591 for details.

Joseph's Spaghetti Shed in Glen hosts a Dine to Donate night each Monday for a local non-profit or charity. The event is held from 4:30 pm to 9:00 pm. The Spaghetti Shed will give 20% of the evening's receipts to **Conway Area Humane Society**.

Please join the Friends of the Jackson Public Library as they host a return concert of the Mountain Top Chamber Players, at 7:00 pm. at the Jackson Public Library. They will present folk influenced music by Randall Thompson for recorder, clarinet and

viola ; some Variations on National Airs for flute and piano by Beethoven and a Divertimento for violin, viola and cello by Joseph Haydn. The Concerto Grosso in f minor by Alessandro Scarlatti will also be played.

### Tuesday, June 10

Mount Washington Valley Economic Council's Business Boot Camp offers Microsoft Access, with Beth Hutchins. From 8:30 am to 12:00 noon, at Granite State College, in Conway. You must bring your own laptop or tablet. Microsoft Office 2010 will be presented however 2007 and 2013 can be accommodated. To register call Holly at 447-6622.

The annual Spring Plant Exchange at the Gibson Center is today. Bring in extra plants, and your neighbors will take them home. Need just one tomato plant? You might find one there. Got an extra aloe plant? Bring it in! It all starts after 11:00 am, in the Activity Room.

An Alzheimer's Support Group meets at 1:30 pm at the Merriman House, at Memorial Hospital. Caregivers will find sympathetic and knowledgeable support and advice. For more details, call 356-5461, ext. 194.

White Mountain Home Builders & Remodelers Association's June meeting is "Construction Math: A Blueprint for Success", presented by Rhonda Rosand, CPA. Rhonda will answer the unsolved mysteries of Math, Money and Construction, including Labor Burden, Job Costing, Markups, Margins, Revenue Planning, and Benchmarking. The meeting will be held in the Legends Room at Eastern Slope Inn beginning at 6:00 pm. Attendance fee includes pizza and salad from Flatbread Company and plenty of networking opportunities!

### Wednesday, June 11

Visit the Lupine Festival, Polly's Pancakes, Harmon's Cheese Shop, and Sugar Hill Sampler, with the Gibson Center. Board the bus at 9:00 am. Please call to reserve a seat for the trip, 356-3231.

**G.A.L.A.'s** Self Reliance June workshop is titled: "Book Binding: Coptic Stitch Bound Notebooks" and will be taught by Justin Martin of Conway, an avid bookbinder. Participants will learn the intriguing history of

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For a list of on-going events, visit our website: [www.valleypromotions.net](http://www.valleypromotions.net) and click on On-Going Events!

*We, at Valley Promotions, strive to print the correct information in our newsletter. However, dates and times may change due to weather and other factors. PLEASE check with the organization who is hosting the event to make sure the information is correct.*

## Spotlight: Saco Valley Gymnastics Booster Club

Saco Valley Gymnastics Training Center opened its doors in November 2010 to be able to provide gymnastics and fitness instruction to Valley families. Saco Valley Gymnastics has grown into a full sized facility with Olympic equipment for both men's and women's gymnastics disciplines. The Tumble Bug program includes classes for children as young as early walkers to come explore the gym with their caregiver right by their side. Pre-schoolers love the fast paced and fun Tumble Bug classes. School age boys and girls enjoy both the recreational classes and the progressive developmental program. Other great programs include the Aerial Training for Winter Sports class and the recently added and incredibly popular Ninja Training Program. Additionally, Saco Valley Gymnastics offers adult fitness classes, and bootcamps. So much of the gyms success is attributed to the incredible community support for the program and it's athletes.

One of the Center's ongoing strengths is



the competitive gymnastics team, TEAM SVGTC. Comprised of very talented young gymnasts ranging from ages six to sixteen, these kids compete all over New England. For a young team, they have enjoyed a tremendous amount of competitive success, including numerous state qualifiers and three sectional champions. The young ladies are incredibly dedicated to their sport, training anywhere from nine to twelve hours per week. They are learning important life skills such as goal setting, time management and

the value of diligently pursuing their dreams. They enjoy being part of a close knit team and they always have each other's backs. The community has been overwhelmingly supportive of these athletes and their lofty goals. The mission of supporting their dreams is the foundation of the SVGTC Booster Club. The SVGTC Booster Club exists to help raise funds for these athletes to be able to compete with the best gymnasts in New England and the country.

One of our big events is the Golf tournament to be held on June 22, 2014 at the Indian Mound Center. If you are interested in golfing individually or as a 4 team member, or donating prizes, please email at [svgbc@yahoo.com](mailto:svgbc@yahoo.com) is the booster email and all set for Friday, thanks. The gym website is: [www.sacovalleygym.com](http://www.sacovalleygym.com).

## Spotlight: It's Time to Nominate for Volunteer of the Year!

Mount Washington Valley Promotions will present our 4th Annual Volunteer Recognition Event in September at the Grand Summit Hotel in Bartlett. We will honor volunteers who have made significant contributions to their chosen non-profit organizations and the Mount Washington Valley as a whole. Participating organizations are asked to solicit nominations from the public, their membership and board members and select a recipient from those nominations received. When the organization has selected a recipient, that person's nomination form and letters of support will be forwarded to Valley Promotions.

Plans are still being finalized and sponsors are being sought. Our goal is to make this an affordable evening for all who are interested in participating. The nomination fee for each individual will be \$15.00 to defray the costs of awards and refreshments. Attendees may purchase tickets for \$5.00 per person.



### Eligibility Criteria

All nominations must meet the following criteria:

- An individual or team of individuals who has served as a volunteer to a Mount Washington Valley non-profit organization during the 2013 calendar year.
- Candidates for the award may be nominated by an organization, individual or current volunteer.

- Volunteers must be currently "in good standing".
- Nominations must be received by Friday, July 25, 2014.

### Selection Criteria

Initiative - What steps the volunteer has taken to improve the organization's programs.

Sustained commitment - An established commitment of on-going volunteer work with an organization or organizations.

Impact - A demonstrated impact from the work that the volunteer has undertaken.

Innovation - Ways in which the volunteer used innovative or exemplary approaches to complete their volunteer service.

Visit [www.valleypromotions.net](http://www.valleypromotions.net) for a nomination form.

## Events (cont.)

bookbinding, as well as about the multiple ways to bind a book, and in the end will construct and take home their own Coptic stitched notebook. Folks are encouraged to bring arts and craft supplies (glitter, cloth, fancy paper, etc.) they might wish to utilize in their notebooks, but all materials will be supplied. This workshop takes place from 5:30 pm to 8:00 pm, at the Barn at Moody Mountain Farm, in Wolfeboro. Call 539-6460 to register or for additional information.

Memorial Hospital is offering the American Heart Association's (AHA) Heartsaver® CPR/AED course at the Conway Village Fire Department from 5:30 pm to 8:30 pm. This is a hands-on interactive class that teaches adult, child and infant CPR and AED use, as well as child and infant choking. Upon completion, participants will obtain a certification card from the AHA valid for two years. Additional information and online registration is available online at [www.tinyurl.com/memorialCPR](http://www.tinyurl.com/memorialCPR), along with a downloadable PDF form that can be completed and returned with payment. Those wishing to register by phone or receive more information may reach Barbara Rosman at 356-5461 ext. 2157.

Aerial photographs taken in the winter of 1952 by Alan Eliason who owned Sky Valley Motel and a photography studio in Bartlett and Maryland, will be the centerpiece of a combined program of the Bartlett and Jackson Historical Societies this evening. Dave Eliason (Alan's son) will present the program at the Whitney Community Center, in Jackson. Refreshments will be served at 6:30 pm, followed by the presentation at 7:00 pm.

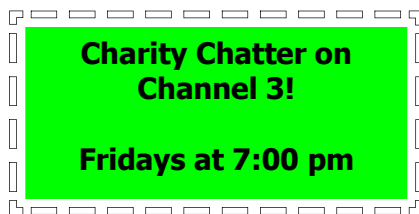
### Thursday, June 12

Tin Mountain Conservation Center monthly EcoForum: Building Mountain Bike Trails, begins at 12:00 noon, at the Nature Learning Center, in Albany. With local residents and visitors using the Valley's trail systems, it is important that they are built to endure a variety of foot and bike traffic. There are many important factors that need to be examined when building woodland trails, and local bike enthusiasts and trail builders, Jotham Oliver and Chris Krug know all about it. Call 447-6991 for details.

The Shannon Door Pub, in Jackson, hosts a Pizza Night Fund-Raiser from 4:00 pm to 11:00 pm, with proceeds benefiting the **Miss Mount Washington Valley Teen Scholarship** Program. \$1 from every pizza

sold (eat-in or take-out) will be donated to the program. 2014 Miss Mount Washington Valley Teen will be in attendance with members of her Court. Meet the Queen and help a local scholarship program!

The Whitefield Cadet Squadron, New Hampshire Wing Civil Air Patrol, will hold an Open House at the Presby Environmental building, at the Mt Washington Regional Airport from 6:30 pm to 8:00 pm. The Whitefield Cadet Squadron is returning Civil Air Patrol to the Mount Washington region. Civil Air Patrol, the official auxiliary of the United States Air Force, is a non-profit, volunteer organization dedicated to training youth (12 – 18 years old) in the areas of aerospace education, leadership, character development and emergency services, while instilling the values of integrity, volunteer service, excellence and respect. For more information regarding the Open House, contact Dana E. Hylen, Captain (CAP), 733-7762.



**M&D Productions** presents "Two Rooms," a drama by Lee Blessing. An American educator is taken hostage in Beirut in the 1980s. His wife, is left in their home with only a by-the-book state department official and an opportunistic reporter to keep her company. All performances take place at Your Theatre, in North Conway, at 7:30pm. For ticket information and reservations, call 733-5275. Photos may be viewed at [www.valleypromotions.net](http://www.valleypromotions.net).

### Friday, June 13

AARP Safe Driver: one day class at the **Gibson Center**, from 8:30 am to 4:00 pm. Please call to register for the class, 356-3231.

Father's Day Lunch at the **Gibson Center**, Chef Rick will prepare a special meal. Those wishing to sing will meet at 11:00 am.

A Fashion Show to benefit **Lakes Region Humane Society** will be held at Bald Peak Country Club, beginning at 12noon. For more information, visit: <http://lrhs.net/> events.

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home with only a by-the-book state department official and an opportunistic reporter to keep her company. All performances take place at Your Theatre, in North Conway, at 7:30pm. For ticket information and reservations, call 733-5275. Photos may be viewed at [www.valleypromotions.net](http://www.valleypromotions.net).

The **Mountain Top Music** Community Orchestra will perform two Schubert pieces at the Leura Hill Eastman Performing Arts Center, in Fryeburg, at 8:00 pm. Enjoy the Mass in G, and Symphony 5 in B-flat, with Guest Conductor George Wiese, along with friends from The MWV Choral Society, the Fryeburg Academy Chorus, and the Southern Maine Symphony Orchestra. Donations are welcome at the door; Call 447-4737 for complete details.

### Saturday, June 14

The Haunting at Parsonsfield Seminary - first public paranormal investigation for 2014 from about 6:00 pm to about 4:00 am. Guided by Dr. Barbara Williams and her "crew". If previous investigations are any indications, it should prove to be a very "interesting" evening. For more information contact Barbara at [sacred-spaces7@yahoo.com](mailto:sacred-spaces7@yahoo.com).

**Brownfield Recreation Department's** Family Fun Night! will be held from 6:30 pm to 8:30 pm at the Brownfield Community Center. Family Frolic is the theme this time just in time for Father's Day! So get all decked out, bring your family, and join in for a night of dancing and fun! DJ Johnny V will be playing kid friendly tunes as well as some "oldies" for the mature folks! Refreshments will be served. No cost to attend but donations are greatly appreciated!

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AMC Highland Center's 7:30 pm program is "Mountains of Stars: Astronomy in Crawford Notch" with Guest Speaker Dr. Doug Arion. Learn about the amazing sequence of events that led to the formation of the solar system and the Earth, and how we have come to understand what we are

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## Events (cont.)

and why we are here. Following the presentation, weather permitting, there will be observing through telescopes. For more information, call 278-3827.

### Sunday, June 15

**Mount Washington Lodge of Free & Accepted Masons** benefit breakfast fundraiser for June has been cancelled!

A free community meal will be held at Nativity Lutheran Church, in North Conway, beginning at 11:30 am. All are welcome to share in an entree, vegetables, salads, breads and desserts.

The hills are alive with the sound of music, as Arts In Motion Theater Company readies the stage of the historic Eastern Slope Inn Playhouse for its big summer musical, *The Sound of Music*. Open auditions are being held today at 4:00 pm and tomorrow at 6:00 pm at the theater, in North Conway Village. All roles are available. Performance dates are Thursday through Sunday, August 14th through August 24th. Those auditioning are asked to prepare a song from the show. A cold reading from the script will also be required. For more information please call Glenn Noble at 662-6043.

### Monday, June 16

Remick Country Doctor Museum & Farm's Monthly Homeschool Class for June is Orienteering. The program runs from 10:00 am to 12:00 noon. Pre-registration is required by phoning 323-7591.

Wrapping up the **Mountain Garden Club's** 40<sup>th</sup> anniversary year, the annual meeting celebrates the prior year's events and encourages planning of summer gardens, projects, and activities. Especially at this luncheon, hats are very much in style! Held at the White Mountain Hotel & Resort, the social hour will begin at 11:00 am, the annual meeting at 11:30 am and the luncheon at 12:00 noon. Reservations are required, by contacting Peggy DiPace, at 447-6431.

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### Tuesday, June 17

Visit the Lupine Festival, Polly's Pancakes, Harmon's Cheese Shop, and Sugar Hill Sampler, with the **Gibson Center**. Board the bus at 9:00 am. Please call to reserve a seat for the trip, 356-3231.

**Brownfield Recreation Department's** Adult Playgroup is free to all adults! Come play cards, games, clip coupons, or share a recipe! Bring a bag lunch and enjoy a day of fun with other adults! Open from 10:00 am to 1:00 pm to all residents and non residents!

"Fly Fishing and Travel in Argentina" with Guest Speaker Mark Foley is the 7:30 pm program at AMC Highland Center. At age 29, Mark spent one year hiking and fishing the Andes mountain range and he is a former Argentina Orvis endorsed fly-fishing lodge manager. During his presentation, he will take us on a fly-fishing journey from Tierra del Fuego to the border of the Bolivian rainforest. To learn more, call 278-3827.

### Wednesday, June 18

Bicknell's Thrush Tours on the Mt Washington Auto Road: Bicknell's Thrush is an extremely rare species with very limited breeding grounds. It is the rarest and most secretive of the breeding thrushes in North America and it is the only bird whose breeding is restricted to the Northeastern part of the continent. They usually breed at higher elevations, normally nesting above 3,000 ft. The unique yet harsh climate is just what the birds prefer due to the combination of low vegetation and abundant moisture, and the Mt. Washington Auto Road offers you a unique opportunity to view these rare birds. The Bicknell's Thrush Guided Van Tours leave early in the morning before the Mt. Washington Auto Road opens to the general public to cause as little disturbance as possible. Advanced reservations required. Tours last approximately 2 hours. Info: <http://mtwashingtonautoroad.com/events/bicknells-thrush-tours/>.

**M&D Productions'** Dinner and a Movie features "My Fair Lady". Dinner is from a local restaurant and is served at 6:30 pm. The movie begins at 7:00 pm. For more information and to reserve a seat, call 733-5275.

MWV Toastmasters Club meets at 6:30 pm at Granite State College campus. New members are always welcome.

Join the Friends of the Jackson Public Library as they host Deborah Wyndham and her program *The History of Ragtime* at 7pm at the Jackson Public Library. Through music, pianist Deborah Wyndham shares the history of our nation's first 'pop' music:

ragtime. The presentation is free and open to the public although a donation is welcome to offset speaker expenses. For additional details, contact the Library at 383-9731.

### Thursday, June 19

Jackson Public Library hosts monthly storytime; held the 3<sup>rd</sup> Thursday of each month at 10:00 am. The program is free and open to all. Call the library for more information at 383-9731.

The Shannon Door Pub, in Jackson, hosts a Pizza Night Fund-Raiser from 4:00 p, to 11:00 pm, with proceeds benefiting **CASA of New Hampshire**. \$1 from every pizza sold (eat-in or take-out) will be donated to the program.

There will be an "End of Spring" Ballroom Dance at the **Gibson Center** from 6:00 pm to 8:00 pm. Hostess Alice Clapp will play popular dance tunes.

Advice To The Players performs ShakesBEER on Tap, 6:30pm, The Corner House Inn, Sandwich. Enjoy a free, rollicking on-our-feet reading of "A Midsummer Night's Dream" while feasting and drinking at the Corner House Inn. For more information, visit:

[advicetotheplayers.org](http://advicetotheplayers.org).

The June program of the Madison Historical Society will be held at 7:00 pm in the Chick Room of the Madison Library following a brief business meeting. Guest speaker will be Bob Cottrell, talking about the Chinook Dogs. The Madison Historical Society programs are free, and will be held at the Madison Library for the next few months while the museum building is being moved onto a solid foundation on the same lot.

### Saturday, June 21

Explore the flat waters of the Androscoggin River above Pontook Dam with Tin Mountain Conservation Center. Loons, ducks, herons, moose, and eagles are common. Meet at Grant's Supermarket, in Glen, at 7:30am. Bring lunch, binoculars, your canoe (or borrow ours). Call 447-6991 for reservations.

Art in Bloom: A Floral Art Interpretation: The **Mountain Garden Club's** annual gift to Mount Washington Valley is this walking tour of the quaint village of Jackson, where pieces of art, with floral interpretations, are located at a variety of Jackson businesses. From 10:00 am until 4:00 pm, nearly 50 exhibits will be displayed. From 11:00am till 3:00pm, refreshments will be served. This highly popular tour is offered

*Continued on page 6*

## Events (cont.)

free of charge. For complete details, visit: [www.mountaingardenclub.org](http://www.mountaingardenclub.org).

The Brownfield Public Library is proud to announce the opening of one of the areas first seed libraries. They will host a Seed Saving Workshop at 10:00 am and the Seed Library will be open during all regular library hours.

Remick Country Doctor Museum & Farm hosts a Barnyard Basics Workshop: Raising a Milk Cow. From 10:00 am to 12:00 noon. Pre-registration is required. Call 323-7591.

Remick Country Doctor Museum & Farm Members Only Event! Summer Solstice Celebration. 1:00 pm to 4:00 pm. Call 323-7591 to learn how to be part of this ode to their membership!

AMC Highland Center presents 7:30 pm "North Country Moose" with Guest Speaker/Biologist Alan Stearne at 7:30 pm. Original research and images of the Alces alces americana dispelling the cartoon misconceptions with an overview of the habits and habitat of this majestic creature. Call 278-3827 for more details.

### Sunday, June 22

The third annual Golf Tournament to benefit **Saco Valley Gymnastics Booster Club** will take place at Indian Mound Golf Club, in Ossipee. The event begins with an 11:00 am Registration, 12:00 noon Lunch and 1:00 pm Start of the Golf Tournament. You may register as single player or as a team (up to 4 people). If you do not want to golf and you are interested in helping our Valley gymnasts, you may become involve in our "Sponsoring a Hole" event. Please contact Jill Ames at 247-4969 or email [svgbc@yahoo.com](mailto:svgbc@yahoo.com). All proceeds to benefit local gymnasts of SVGTC.

Advice To The Players presents an Elizabethan Family Faire from 1:00 pm to 4:00 pm - A Shakespeare celebration and Elizabethan Fair with fun for all ages on the lawn next to the Methodist Church in Sandwich. For details, visit:

[advicetotheyplayers.org](http://advicetotheyplayers.org).

### Tuesday, June 24

An Alzheimer's Support Group meets at 1:30 pm at the Merriman House, at Memorial Hospital. Caregivers will find sympathetic and knowledgeable support and advice. For more details, call 356-5461, ext. 194.

The Conway Historical Society wishes to announce the release of "The Neighbors

War: Conway, New Hampshire, 1861-1865", by award-winning historian William Marvel. The book depicts a town sharply divided over the effort to resist Southern secession, and over the governmental intrusions and expansion that accompanied that effort. The author will discuss Conway's reaction to Mr. Lincoln's war at the Conway Public Library at 6:30 pm. Books will be available for purchase and signing.

### Wednesday, June 25

The **Gibson Center** will take a trip to see the SeaDogs vs. NH Fisher Cats and Fireworks, Please call the Gibson Center to reserve a seat for this trip, 356-3231.

**Mountain Top Music** offers a new and

unique road rally scavenger hunt, starting at 3:00 pm at Mountain Top, in Conway Village, and ending at about 5:30 pm with a BBQ in Jackson Village. Per person ticket cost includes the BBQ and beverages; advance reservations are essential! This event will benefit Mountain Top Music. (rain date: June 26) To learn more, contact Mountain Top at 447-4737.

### Thursday, June 26

The Shannon Door Pub, in Jackson, hosts a Pizza Night Fund-Raiser from 4:00 p, to 11:00 pm. \$1 from every pizza sold tonight (eat-in or take-out) will be donated to Chuck Dodge.



## Fundraising Event

### Our Third Annual Golf Tournament At Indian Mound Golf Course

## June 22<sup>th</sup>, 2014

Schedule: 11:00 Registration  
12:00 Lunch  
1:00 Start of the Golf Tournament

REGISTER BY EMAIL: [svgbc@yahoo.com](mailto:svgbc@yahoo.com)

-You may register as single player or as a team (up to 4 people)

-\$80.00 per person

-Be sure to include the following information for all team members:

Full name, email or phone #, and handicap

**HOLE-IN-ONE PRIZE: NEW SUBARU CAR WORTH \$24,000**

Donated by SUBARU

Other Activities include: Silent Auction  
Raffle Prizes

If you do not want to golf and you are interested in helping our Valley gymnasts, you may become involve in our "Sponsoring a Hole" event. Please contact Jill Ames at 603-247-4969 or email at [svgbc@yahoo.com](mailto:svgbc@yahoo.com)

\*\*\* All proceeds to benefit local gymnasts of SVGTC \*\*\*

# On-Going Events

## Mondays

The Charlotte Hobbs Memorial library in Lovell holds story time for preschoolers age five and under on Mondays at 10:00 am. For more information call (207) 925-3177.

Chair exercises for those who need assistance getting in and out of the car or a chair are held Mondays at 10:30 am at the **Gibson Center** in North Conway.

The New Mom's Group for new moms with babies ages newborn-11 months meets at the MWV Children's Museums on Mondays at 10:30 am and at 4:00 pm. Every new mom to give birth at Memorial Hospital in 2013-2014 is gifted a Mommy and Me Membership. Each meeting will feature a special guest, treats and sweets and lots of new mom LOVE and support.

Yoga is held at the **Gibson Center** Mondays at 12:30 pm. Please call to register for this class, 356-3231.

Mount Washington Valley Choral Society meets in the Kennett Middle School Chorus Room from 7:00 pm to 9:00 pm on Mondays, under conductor Nancy Farris and accompanist Ellen Schmidt.

## Tuesdays

A Walk Through the Grades at The White Mountain Waldorf School every Tuesday from 8:00 am to 9:00 am. See a sample of grades 1-8 during their main lesson. Join in afterwards for a question and answer session with faculty. Adults only please; call 447-3168 for information.

The **Brownfield Recreation Department** hosts a playgroup for children ages 1 to 4 at the Brownfield Community Center each Monday at 10:00 am. Join them for the fun!

Bobbi Brome leads a Strength, Balance, & Stretch exercise program Tuesdays at 10:00 am at the **Gibson Center**.

The Fryeburg Public Library offers Story Time with crafts every Tuesday at 10:30 am for 3 to 5 year olds and their families. Please call the Library for more information at (207) 935-2731.

A series of 8-week introductory tai chi classes will begin April 1 and will be held on Tuesdays from 10:30 am to 12:00 noon at Taoist Tai Chi Society in the Eastern Slope Inn Plaza, North Conway. For more information, call 356-5581.

Storyhour at the Brownfield Library for preschoolers is Tuesdays from 10:30 am to 11:30 am. Call the Brownfield Library at (207) 935-3003 for additional details.

Story Time for Young Children is held at Cook Memorial Library in Tamworth on Tuesdays from 10:30 am to 11:30 am.

Madison Library's Local History Project

work sessions are held on Tuesdays from 1:00 pm to 2:30 pm. Volunteers are welcome!

RSVP's Bone Builders meets on Tuesday's from 1:15 pm to 2:15 pm and at the Conway Village Congregational Church in Conway. For more information on this program call CCRSVP at 356-9331.

## Wednesdays

**Visiting Nurse Home Care & Hospice of Carroll County** offers "Walk-In Wednesday", an on-site nurse available every Wednesday from 9:00 am to 4:00 pm for blood pressure checks, diabetic foot checks, help with advance care planning and other general health or service related questions. For more information, call 356-7006.

The Children's Story Time program at the Denmark Library is held on Wednesdays at 9:30 am.

Pre-schoolers ages 2 to 5 and their caregivers are invited to the Freedom Public Library every Wednesday at 10:00 for an hour devoted to preschool fun. Stories, songs, fingerplays, games, rhythm instrument play plus a craft is some of what we offer. Pre-registration is not required, just show up!

The Fryeburg Public Library offers Toddler Play Group every Wednesday at 10:30 am for toddler's up to 3 years of age and their families. Please call the Library for more information at (207) 935-2731.

Wii: Practice your golf swing, your tennis game, or get a strike bowling Wednesdays at the **Gibson Center** from 10:30 am to 1:30 pm.

**Visiting Nurse Home Care & Hospice of Carroll County** offer a Loss and Recovery Group Wednesdays from 5:30 pm to 7:30 pm. This is a goal-oriented grief support group designed to assist individuals with the grieving process by providing support and education about death, grief, and coping. Meetings are held at the VNHCH offices in North Conway. To confirm dates and times or for more information, call F. Gardiner Perry, D. Min. at 662-9552.

The Bridgton Recreation Department hosts a program for wood carvers from 7:00 pm to 9:00 pm each Wednesday evening at the old Town Hall. The program is free and light refreshments will be served. For more information call Bob Carey at (978) 290-1879 or Rec. Director Tom Tash at (207) 647-1126.

Every Wednesday evening from 7:00 pm to 9:00 pm join a metaphysical discussion group at the White Mountain Hypnosis Center in Madison. The people who attend that night in open forum set the agenda of the evening. Anyone is welcome to attend, to share or to just listen. For more information, call 367-8851.

## Thursdays

Each Thursday, volunteers meet at 42 North Road in Conway to work on the current **MWV Habitat for Humanity** home. They

provide on site construction management to coordinate the work effort. Hours are from 8:00 am to 3:00 pm. Any amount of time you can spend on the site is helpful. Special skills are not required. Lunch is provided. If you would like to volunteer, please fill out the Volunteer Form on our web site: [www.mwv-habitat.org](http://www.mwv-habitat.org) and bring it with you.

Belly Dance Class is held Thursdays at 9:00 am at the **Gibson Center**. Call 356-3231 for details and to sign up.

Poetry Club meets at the **Gibson Center** at 10:15 am on Thursdays. We will be reading and writing. All are welcome.

Chair exercises for those who need assistance getting in and out of the car or a chair are held Thursdays at 10:30 am at the **Gibson Center** in North Conway.

The Community School in South Tamworth Farmers' Table lunch of local foods is open to the public at 12:00 noon on a by-donation basis every Thursday when school is in session. Please call 323-7000 to let them know you're coming.

RSVP's Bone Builders meets on Thursday's from 1:15 pm to 2:15 pm and at the Conway Village Congregational Church in Conway. For more information on this program call CCRSVP at 356-9331.

Kathy Johnson, Remick Museum Educator and local artist, hosts the Community Art Group for adults, at the Education Center from 2:30 pm to 4:00 pm every Thursday for anyone interested in sharing a project space to collaborate with creative people in the local art community. Guests are encouraged to bring their own projects and supplies but Kathy will be available for inspiration and artistic guidance.

A series of 8-week introductory tai chi classes will begin April 3 and will be held on Thursdays from 3:30 pm to 4:30 pm and from 7:00pm to 8:00pm at Taoist Tai Chi Society in the Eastern Slope Inn Plaza, North Conway. For more information, call 356-5581.

## Fridays

MWV Arts Association hosts Friday Painters each Friday from 9:00 am to 12:30 pm. A different location each week, so contact them at 356-ARTS for details.

Madison Library Story Times are held each Friday at 10:00 am.

Bobbi Brome leads a Strength, Balance, & Stretch exercise program Fridays at 10:00 am at the **Gibson Center**.

Story Time for Little Ones is held at the Effingham Public Library from 10:30 am to 11:30 am on Fridays.

*Continued on back*

## Valley Promotions

Executive Director:  
Lisa Saunders-DuFault

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valleypromotions@gmail.com

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**Promoting Events for the  
Mount Washington Valley's  
Non-Profit Organizations**

## On-Going Events

Mountain Top Music Center Music for Babies and Toddlers is a 30-45 minute program at the **MWV Children's Museum** that is fun, interactive and cultivates a curiosity about learning more about music. The Mountain Top Music Center teacher is Sharon Novak. There is no fee for this program other than admittance to the MWVCM.

Bingo is held every Friday night at the Lovell VFW Hall. Early Bird starts at 6:30 pm.

AMC Pinkham Notch Visitor Center hosts Friday Flicks! Join them for an after dinner movie. AMC Staff picks the flick, you sit back and enjoy. Call 466-2727 to learn more.

Mother Seton House is accepting applications for free housing from pregnant women in need. Women are invited to live in community in our house in Fryeburg at no cost throughout pregnancy and until the baby's first birthday. Applicants should leave a message with contact information at (207) 935-1066.

### Plan Ahead...

North Conway village businesses are helping Kismet Rock Foundation raise funds through the Village Variety Pass. Donate to Kismet during the promotion to receive free products, discounts, and help a great organization. Learn more at: [kismetrockfoundation.org](http://kismetrockfoundation.org).

Chatham Historical Society is seeking vendors for a flea market/craft fair/book sale/etc. for July 12 (rain date 19th) 8:00 am to 2:00 pm, responsible for own set up: 8' table space For more information, call Emily at 939-2446 or Barbara at 694-3623.

## Nominations are now being accepted for the 2013 Volunteer of the Year Awards to be held in September. Contact us for details!

Are you dealing with a long term health condition? If so, then you and your family member/caregiver can benefit from the Better Choices, Better Health Program. Regardless of the nature of the disease, most folks report feelings of frustration, anger, fear, loss of control over their lives, and discomfort when communicating their needs to family, friends, and health care professionals. The six week workshop offers a multitude of tools that can be applied to control symptoms such as depression, pain, anxiety, shortness of breath, fatigue, and much more. Classes are held on a regular basis. For more information, call Joan Lanoie at Memorial, 356-5461. ext. 2291.

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